

## Cycling Education Programs and Resources for Elementary Students (K - 5)

Training Environment	Kinder- garten	Grade 1 Age 6	Grade 2 Age 7	Grade 3 Age 8	Grade 4 Age 9	Grade 5 Age 10
<b>Classroom Instruction</b>						
<b>In-class</b>						
<b>Programs</b>						
Smart Cycling	✓	✓	✓	✓	✓	
Bike Smarts (BC Government)				✓	✓	✓
Cycle Right				✓	✓	✓
<b>Videos</b>						
Smart Cycling Live Action Video	✓	✓				
Gearing Up		✓	✓	✓	✓	✓
Don't Use Your Brains For Brakes		✓	✓	✓	✓	
<b>Other Resources</b>						
From A to Z By Bike	✓	✓	✓	✓		
Cycle Safe (Canadian Tire)	✓	✓	✓	✓	✓	
<b>Controlled Environment Training</b>						
<b>Playgrounds</b>						
<b>Programs</b>						
Bicycle Rodeos (Canadian Tire)	✓	✓	✓	✓		
<b>Other Resources</b>						
Bike Rodeo Kit (Saskatoon)	✓	✓	✓	✓		
<b>Parking Lots</b>						
<b>Programs</b>						
Bicycle Rodeos			✓	✓	✓	
Bike Rodeo Kit			✓	✓	✓	✓
Bike Smarts (BC Government)	Not recommended before age 8			✓	✓	✓
Cycle Right	Not recommended before age 8			✓	✓	✓
Kids CAN-BIKE Festival	Not recommended before age 8			✓	✓	✓
<b>In-Traffic Experience</b>						
<b>Local Residential Streets</b>						
Bike Smarts (BC Government)				✓	✓	✓
Cycle Right	Not recommended before age 8			✓	✓	✓
<b>Arterials and Main Roads</b>						
Cycle Right	Not recommended before age 10					✓

## Instructor Preparation for Bicycle Safety Education for Elementary Students

Training Environment	Teaching Level					
	Kinder- garten	Grade 1 Age 6	Grade 2 Age 7	Grade 3 Age 8	Grade 4 Age 9	Grade 5 Age 10
<b>Classroom Instruction</b>						
<b>Instructor Preparation</b>						
Smart Cycling: Instructor' Manual (CCA)	✓	✓	✓	✓	✓	
Cycle Right: Instructor's Guide (CCA)				✓	✓	✓
Effective Cycling, 6th Edition (Forester)	✓	✓	✓	✓	✓	✓
Effective Cycling, VHS video (Seidler)	✓	✓	✓	✓	✓	✓
Bike Smarts manual (BC Government)				✓	✓	✓
<b>Accreditation</b>						
CAN-BIKE Skills I Instructor (recommended)	✓	✓	✓	✓	✓	✓
<b>Controlled Environment Training</b>						
<b>Instructor Preparation</b>						
Bike Rodeo Planning Guide (Canadian Tire)	✓	✓	✓	✓	✓	
Bicycle Safety Campaign (Canadian Tire)	✓	✓	✓	✓	✓	
Smart Cycling: Instructor' Manual (CCA)	✓	✓	✓	✓	✓	
Cycle Right: Instructor's Guide (CCA)				✓	✓	✓
Kids CAN-BIKE Festival Leader's Manual				✓	✓	✓
Bike Smarts manual (BC Government)				✓	✓	✓
Effective Cycling, 6th Edition (Forester)	✓	✓	✓	✓	✓	✓
Effective Cycling, VHS video (Seidler)	✓	✓	✓	✓	✓	✓
<b>Accreditation</b>						
CAN-BIKE Skills I Instructor or Festival Leader	✓	✓	✓	✓	✓	✓
<b>In-Traffic Experience</b>						
<b>Instructor Preparation</b>						
Cycle Right: Instructor's Guide (CCA)				✓	✓	✓
Bike Smarts manual (BC Government)				✓	✓	✓
Effective Cycling, 6th Edition (Forester)	✓	✓	✓	✓	✓	✓
Effective Cycling, VHS video (Seidler)	✓	✓	✓	✓	✓	✓
<b>Accreditation</b>						
CAN-BIKE Skills I Instructor	✓	✓	✓	✓	✓	✓